

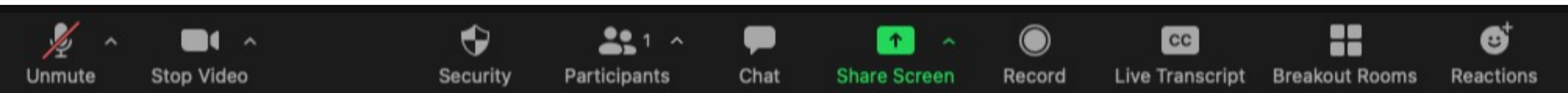
PATH Annual Steering Committee Meeting

April 29, 2022



Housekeeping

- This call is being recorded to facilitate accurate minutes (recording will not be disseminated)
- Please enable video so we can see each other
- Use the chat for questions/comments or technical difficulties
- Keep yourself muted when not speaking. Click on the microphone button on the meeting controls (or dial *6 if using phone audio) to unmute
- If you are using computer audio and your connection becomes unstable, please try disabling video or dial in by phone (number is on agenda and in calendar appointment)



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Chat

Agenda

- Welcome and Introductions
- PATH Updates
 - PATH overview
 - Review of priority hormone list
 - Educational and communications activities
 - Work with insurers
- Member Updates
 - ATA
 - CDC
 - Others



Introductions

- New participants
 - ATA: Vivian Lee Weiss, MD, PhD
 - Avalon Healthcare Solutions: Michael Lemieux, PhD
 - PCOS Challenge: Melanie Cree-Green, MD and Megan Murphy
 - Others?
- Attendees by organization



PATH Updates

The image features a large white circle centered on an orange background. Inside the white circle, the text "PATH Updates" is written in a black, sans-serif font. At the bottom right edge of the white circle, there is a smaller, solid blue circle.

PATH Overview

Dr. Hubert Vesper

PATH Vision

Improved patient care and public health through universal use of accurate and reliable hormone tests in healthcare and research.

PATH Mission

To advance the development of standardized hormone assays that are traceable to a single higher order reference material and method, and to advocate for the universal adoption of these assays in medical practice and research.

- **Goal 1: Standardization**

Increase the number of hormone assays that are standardized

- **Goal 2: Education**

Deepen the knowledge of relevant stakeholder about the importance of accurate and reliable hormone assays, and assay quality in patient care, research and public health

- **Goal 3: Implementation**

Increase the use of standardized assays in patient care, public health and research

- **Goal 4: Sustainability**

Establish a sustainable system to standardize hormone assays and to keep hormone assays accurate and reliable

Further details are outlined in PATH's Strategic and Communication Plans

PATH Member Organizations and Observers (in alphabetical order)

American Association for Clinical Chemistry

American Society for Bone and Mineral Research

American Thyroid Association

American Urological Association

Androgen Excess and Polycystic Ovary Syndrome Society

Association of Public Health Laboratories

Avalon Healthcare Solutions

Centers for Disease Control and Prevention

College of American Pathologists

Endocrine Society

Food and Drug Administration

International Society for Andrology

Laboratory Corporation of America

Mass Spectrometry & Advances in the Clinical Lab

National Association of Chronic Disease Directors

National Polycystic Ovary Syndrome Association – PCOS Challenge

NIH National Institute of Child Health and Human Development

North American Menopause Society

Pediatric Endocrine Society

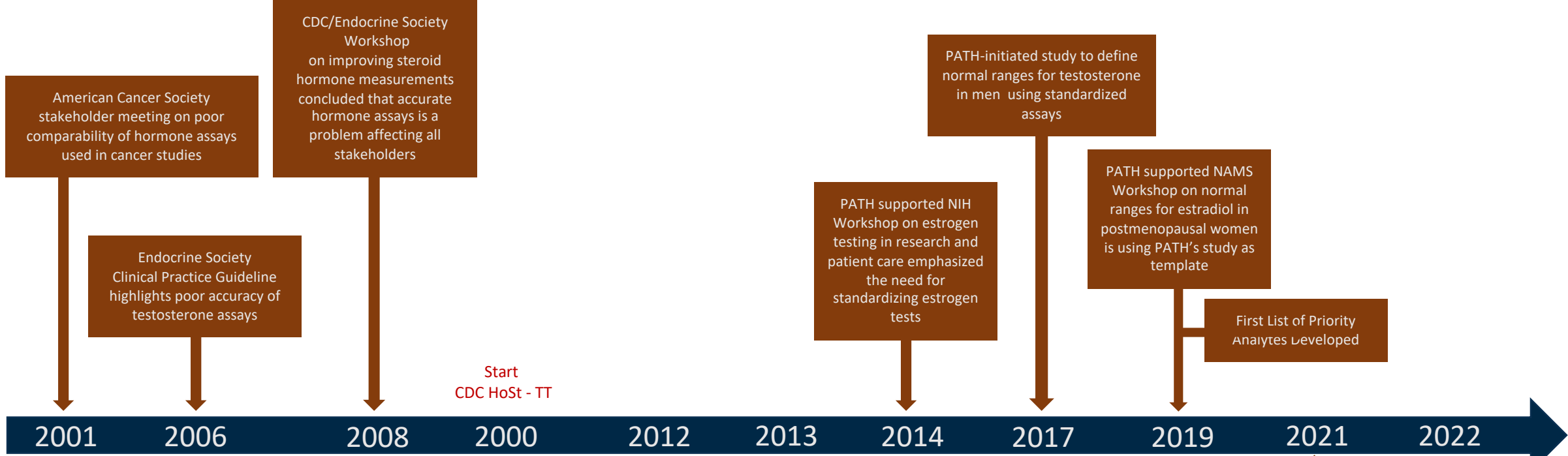
Quest Diagnostics

Roche Diagnostics Corporation

Siemens Healthineers

PATH welcomes its new members and looks forward to a productive collaboration!

PATH's work is addressing a long-standing critical need that is common across different organizations and stakeholders



American Cancer Society stakeholder meeting on poor comparability of hormone assays used in cancer studies

Endocrine Society Clinical Practice Guideline highlights poor accuracy of testosterone assays

CDC/Endocrine Society Workshop on improving steroid hormone measurements concluded that accurate hormone assays is a problem affecting all stakeholders

Start CDC HoSt - TT

Endocrine Society Consensus Conference on testosterone measurements
PATH was established to implement consensus recommendations

PATH developed analytical performance criteria for testosterone measurements

PATH supported NIH Workshop on estrogen testing in research and patient care emphasized the need for standardizing estrogen tests

Start CDC VDSCP

Start CDC HoSt - E2

PATH-initiated study to define normal ranges for testosterone in men using standardized assays

PATH supported NAMS Workshop on normal ranges for estradiol in postmenopausal women is using PATH's study as template

First List of Priority Analytes Developed

PATH developed and made available training modules

Start CDC HoSt - FT4

Priority Hormone List

Dr. Hubert Vesper

PATH list of hormones with high need for standardization

- Adrenocorticotrophic hormone (ACTH)
- Aldosterone
- Anti-Mullerian hormone
- CEA
- Cortisol
- DHEAS
- D-dimer
- Estradiol
- Estrone
- Folate
- Follicle Stimulating Hormones (FSH)
- Growth hormone
- Inhibin B
- Insulin-like growth hormone 1 (IGF-1)
- Insulin-like growth factor binding protein-3 (IGFBP-3)
- Luteinizing hormone (LH)
- Parathyroid hormone
- Progesterone
- PSA
- Serum Albumin
- Testosterone, including free-testosterone
- Thyroglobulin
- Thyroid hormones (T3, T4), including free-T4
- Thyroid-stimulating hormone (TSH)
- Thyroid peroxidase (TPO) antibodies
- Vitamin D
- 17-Hydroxyprogesterone

PATH list of hormones with high need for standardization

- Creates awareness among PATH members and the public
- Assists with prioritization of standardization activities and resources
- PATH initially focused on testosterone only and has now activities on 15 hormones

PATH list of hormones with high need for standardization

- Adrenocorticotrophic hormone (ACTH)
- Aldosterone
- Anti-Mullerian hormone
- CEA
- Cortisol
- DHEAS
- D-dimer
- Estradiol
- Estrone
- Folate
- Follicle Stimulating Hormones (FSH)
- Growth hormone
- Inhibin B
- Insulin-like growth hormone 1 (IGF-1)
- Insulin-like growth factor binding protein-3 (IGFBP-3)
- Luteinizing hormone (LH)
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- Testosterone, including free-testosterone
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- Thyroid-stimulating hormone (TSH)
- Thyroid peroxidase (TPO) antibodies
- Vitamin D
- 17-Hydroxyprogesterone

PATH
Educational and
Communications
Activities

Mila Becker, JD
Endocrine Society

Accurate Hormone Testing Course

Module	Title	Faculty	Released
1	The Importance of Hormone Measurements and Assay Standardization	Dr. Alvin Matsumoto	December 2020
2	Hormone Types Characteristics of an Ideal Assay	Dr. Christina Wang, Dr. Frank Stanczyk	May 2021
3	Methods Used to Measure Hormones Validation and Judging the Quality of a Hormone Assay	Dr. Rob Fitzgerald, Dr. Nanette Santoro	August 2021
4	Factors Affecting Interpretation of Hormone Concentrations for Diagnosis of Endocrine Disease	Dr. Jack Fuqua	November 2021

Peer-reviewers: Dr. Hubert Vesper, Dr. Rob Fitzgerald, Dr. Alvin Matsumoto

Process and Composition of Each Module

CASE-BASED QUESTIONS

Page 1 of 2

QUESTION 1

You are caring for a 35-year-old woman with Hashimoto thyroiditis. She had been taking 125 mcg of levothyroxine daily for the previous 6 years. TSH levels performed at your hospital lab had been stable in the 0.75-1.0 mIU/L range for that time (lab reference interval 0.5-4.5 mIU/L). At a routine follow up appointment, she states she feels well and denies fatigue, cold intolerance, or abnormal menses. Because of insurance changes, she goes to her local lab for measurement of TSH and free T4. You find that her TSH is now 0.45 mIU/L (reference interval 0.5-4.5 mIU/L) with a stable free T4, and you decrease the levothyroxine dose to 112 mcg daily. Two months later, the patient calls complaining of fatigue, heavy menses, and an enlarging goiter. You have her repeat the TFTs at your hospital lab and find that her TSH is now 6.35 mIU/L.

Of the following, the most likely reason for the variable TSH results is:

CHOOSE ONE

- A. Diurnal variation in TSH secretion.
- B. Her local lab uses a non-commutable calibrator for its assay.
- C. She had transient production of a TSH receptor stimulating antibody.
- D. The patient's pharmacy erred in filling her prescription.

LEAVE BLANK NEXT

THE IMPORTANCE OF HORMONE MEASUREMENTS AND ASSAY STANDARDIZATION- ALVIN M. MATSUMOTO, MD

Hormone Assays – The Endocrinologist’s Main Tool
Core Curriculum

Alvin M. Matsumoto, M.D.
Professor Emeritus
Department of Medicine
Division of Gerontology & Geriatric Medicine
University of Washington School of Medicine
Clinical Investigator
Geriatric Research, Education and Clinical Center
VA Puget Sound Health Care System
Seattle, WA

0:00 / 1:03:07



Endocrine Society

certifies that

Maggie Graham

attended the educational activity titled

Accurate Hormone Testing - Module 1: The Importance of Hormone Measurements and Assay Standardization

on Tue, 12/08/2020 - 12:00pm - Sat, 12/31/2022 - 11:59pm.

The Endocrine Society is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Endocrine Society designates this activity for a maximum of 1.50 AMA PRA Category 1 Credits™.

Activity duration: Tue, 12/08/2020 - 12:00pm - Sat, 12/31/2022 - 11:59pm
Certificate generated: April 23, 2021

Michelle L. Klinke
Director, Education
Endocrine Society

Evaluations So Far

- Module 1: 520 total enrollees, 149 evaluations
- Module 2: 189 total enrollees, 76 evaluations
- Module 3: 116 total enrollees, 48 evaluations
- Module 4: 112 total enrollees, 34 evaluations
- 98% of evaluated learners say the activity was clinically sound and evidence based, and that they would recommend the course to a colleague.
- Many learners found the content to be an important subject, unique, helpful, and welcome – and that the content addresses common issues in clinical practice.
- 98% said the activity has expanded medical knowledge and improved clinical practice skills, leading to benefits to patients.
- 62% said this would improve interpretation of testing results, and 78% said this would improve the accuracy of diagnosis.

What Learners Are Saying

"A much-needed topic that isn't taught during the fellowship."

"This is an important topic, and more should be dedicated to increase awareness."

"Thank you for taking the time to create this module! Very helpful as education at my current fellowship program is pretty limited and I am depending on utilizing secondary materials and sources."

"Good session with clear overview and practical points."

"Every clinical endocrinologist should be reviewing this info all the time."



How We're Promoting



New Releases in the Center for Learning

If you find yourself with some free time during this holiday season, take advantage of the new on-demand education opportunities in our Center for Learning. These sessions, available for viewing at any time, are a great way to catch up on the latest developments in endocrinology or to earn a few education credits before the end of the year.

[Better Bones: A Course on Osteoporosis & Metabolic Bone Disease](#)

Each course is worth 1.0 *AMA PRA Category 1 Credit*[™] and 1.0 ABIM MOC Point.

[Telehealth and Diabetes Technology: A New Approach to Patient Care](#)

0.5 *AMA PRA Category 1 Credit*[™] and 0.5 ABIM MOC Point

[Partnership for the Accurate Testing of Hormones \(PATH\): Module 1](#)

1.5 *AMA PRA Category 1 Credits*[™]

FELLOWS TRAINING SERIES: SUPPLEMENTAL COURSES

[VIEW](#) [EDIT](#) [REVISIONS](#) [CLONE](#)

Thank you for your participation in FTS! In addition to the core curriculum we have developed, there are numerous Society resources that are designed specifically for fellows. Please see these additional courses below; if your fellows would benefit from this content, please share these courses with them.

[Accurate Hormone Testing](#)



On-Demand Education

Study at Your Own Pace

If you are searching for learning opportunities that you can engage with on your own schedule, look no further than the on-demand education sessions in our Center for Learning. These courses are accessible for viewing any time and make for an excellent way to continue your education in endocrinology at your own pace. Take a look at a few of our offerings below and visit the [Center for Learning](#) to see a full listing of available modules.

[Partnership for the Accurate Testing of Hormones \(PATH\): Module 1](#)

1.5 *AMA PRA Category 1 Credits*[™]

As part of a four-module series on hormone testing, Module 1 features Alvin M. Matsumoto, MD in a didactic presentation on the importance of hormone measurements and assay standardization.



PATH Member Feedback

- <https://www.hormoneassays.org/social-media-toolkit/>
- Other promotion opportunities
- Future opportunities to leverage module content
 - Adapt for meeting presentations
 - Share with primary care associations
 - Other ideas

PATH
Communications
Activities

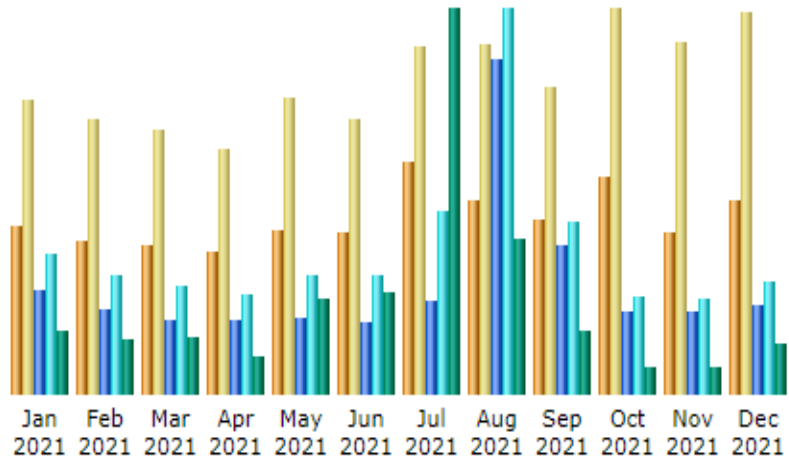
PATH Website
(www.hormoneassays.org)

PATH Quarterly Newsletter

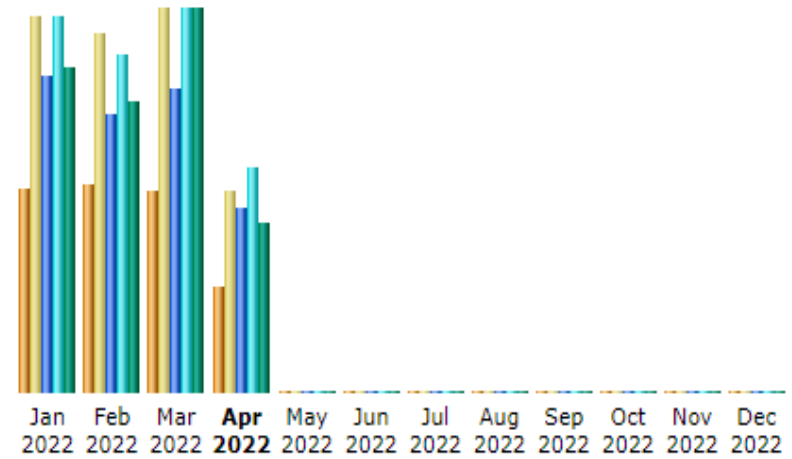
PATH Member
Communication Collaboration

PATH Website Activity: January 2021 – March 2022

Monthly history



Monthly history



Month	Unique visitors	Number of visits	Pages	Hits	Bandwidth
Jan 2021	831	1,465	8,988	12,245	13.08 GB
Feb 2021	762	1,369	7,447	10,404	11.65 GB
Mar 2021	741	1,315	6,428	9,428	11.92 GB
Apr 2021	709	1,218	6,442	8,684	7.71 GB
May 2021	813	1,471	6,702	10,355	20.00 GB
Jun 2021	800	1,367	6,291	10,334	21.11 GB
Jul 2021	1,154	1,724	8,064	16,041	80.81 GB
Aug 2021	965	1,734	29,310	33,693	32.60 GB
Sep 2021	871	1,523	13,100	15,117	13.18 GB
Oct 2021	1,082	1,914	7,199	8,478	5.68 GB
Nov 2021	806	1,753	7,116	8,288	5.57 GB
Dec 2021	963	1,895	7,774	9,878	10.49 GB
Total	10,497	18,748	114,861	152,945	233.80 GB

Month	Unique visitors	Number of visits	Pages	Hits	Bandwidth
Jan 2022	1,054	1,949	8,021	9,499	7.32 GB
Feb 2022	1,078	1,864	7,048	8,543	6.58 GB
Mar 2022	1,042	1,989	7,668	9,697	8.65 GB
Apr 2022	552	1,044	4,663	5,709	3.84 GB
May 2022	0	0	0	0	0
Jun 2022	0	0	0	0	0
Jul 2022	0	0	0	0	0
Aug 2022	0	0	0	0	0
Sep 2022	0	0	0	0	0
Oct 2022	0	0	0	0	0
Nov 2022	0	0	0	0	0
Dec 2022	0	0	0	0	0
Total	3,726	6,846	27,400	33,448	26.39 GB

PATH Member Engagement Opportunities

PATH Website

- Seeking workgroup members to assist with creating a user-friendly list of CDC-certified assays to include on the site
- Encourage your organizations to link to the site

PATH Newsletter

- Next issues May and July
- Encourage your organizations to contribute

Collaboration with PATH Member Communications Staff

- Opportunity to broaden PATH's messages and support members
- Encourage greater collaboration related to website, education, and meetings

Work with Insurers

Laura DeStigter, MPH
NACDD

**RECOMMENDATION
TO ORDER A
STANDARDIZED
ASSAY TO MEASURE
SERUM TOTAL
TESTOSTERONE
CONCENTRATIONS**



Avalon Healthcare Solutions has become a member of the [Partnership for the Accurate Testing of Hormones \(PATH\)](#), a national network of clinical, medical, laboratory and public health organizations and experts working to improve patient care through the universal use of standardized accurate and reliable hormone tests in healthcare and research.

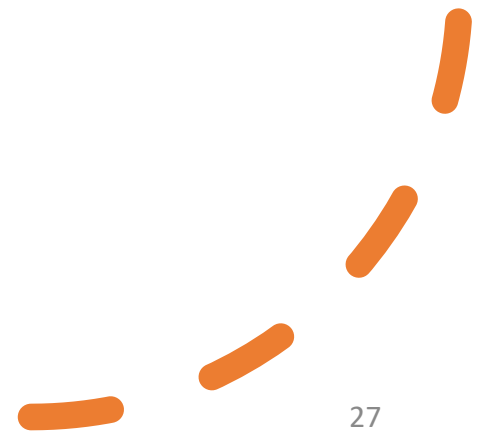
Because there is a well-established Centers for Disease Control and Prevention (CDC) standardization program, numerous standardized assays available, and a harmonized reference range for total testosterone, Avalon strongly recommends that providers and payers respectively order and reimburse only standardized total testosterone assays for laboratory evaluation of patients.

Overview

- Collaborated with Avalon Healthcare Solutions
 - Updated 3 medical policies to strongly recommend use of CDC HoSt certified assay
 - Developed an educational “Snippet”
 - Presented on webinar
- Additional activities planned
 - Continue work with Avalon
 - Outreach to Beacon LBS
 - Potential focus group

Member Suggestions

- What other activities should we consider for next project year (Aug. 1, 2022-July 30, 2023)?



BREAK



Member Updates ⁺ ◦ •



ATA Presentation

Kelly Hoff & Amanda Perl



ATA Highlights

April 29, 2022





Vision - Optimal Thyroid Health For All



Mission - Transforming care through clinical excellence, education, scientific discovery, and advocacy in a diverse, collaborative community

Key initiatives and Lab Focused Resources/Priorities



CLINICAL PRACTICE
GUIDELINES AND
STATEMENTS



MONTHLY THYROID
HEALTH BLOG



LAB RELATED AND
GENERAL PATIENT
RESOURCES



LAB RELATED
PUBLICATIONS &
EDUCATION



LABORATORY
ADVANCES &
CHALLENGES

Guidelines and Statements Update

Guidelines In-progress:

- Differentiated Thyroid Cancer (DTC)
- Thyroid Nodules
- Pediatric Thyroid Cancer
- Medullary Thyroid Cancer (MTC) Systemic Therapies
- Thyroid and Pregnancy

Consensus Statement (to be published in May):

- ATA & ETA Consensus Statement on Management of Thyroid Orbitopathy

Statements In-progress:

- Thyroid Function Tests
- Ablation Techniques for Benign Nodules
- Molecular Testing of Thyroid Nodules

ATA Monthly Thyroid Health Blog

Member Posts Discussing Thyroid Conditions and Thyroid Cancer Topics
Published to ATA Website and Social Media

<https://www.thyroid.org/category/thyroid-health-blog/>



Thyroid Health Blog: Obesity and Thyroid Function Tests in Children

Blog Post



Thyroid Health Blog: An Individualized Approach to Thyroid Hormone Replacement in Thyroid Cancer Patients

Blog Post



Thyroid Health – Management of Hypothyroidism During Pregnancy: When and how to treat?

Blog Post



Thyroid Health Blog: Congenital Hypothyroidism awareness: The importance of newborn screening

Blog Post



Thyroid Health Blog: Is Prescription Levothyroxine Really an Artificial Hormone?

Blog Post



Thyroid Health Blog: Thyroid Disruption and Triclosan in Consumer Products – Is the threat contained?

Blog Post

Thyroid Patient Information

ATA's Patient Information Portfolio includes 50+ downloadable patient brochures for adult and pediatric audiences and their families in both English and Spanish.

<https://www.thyroid.org/thyroid-information/>

AMERICAN THYROID ASSOCIATION www.thyroid.org

Thyroid Function Tests

WHAT IS THE THYROID GLAND?
The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

HOW DOES THE THYROID GLAND FUNCTION?
The major thyroid hormone secreted by the thyroid gland is thyroxine, also called T4 because it contains four iodine atoms. In addition to thyroxine, the thyroid gland also secretes triiodothyronine (T3), which contains three iodine atoms. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

TESTS
Blood tests to measure these hormones are readily available. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

T3 TESTS
T3 tests are often used to diagnose hyperthyroidism or to determine the severity of the hyperthyroidism. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

AMERICAN THYROID ASSOCIATION www.thyroid.org

Thyroid Hormone Treatment

WHAT IS THE THYROID GLAND?
The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

HOW DO I TAKE MY THYROID HORMONE?
Thyroid hormone is used in two situations. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

DEFINITION, THERAPY & TREATMENT
Thyroid hormone replacement therapy is used primarily in patients with hypothyroidism. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

AMERICAN THYROID ASSOCIATION www.thyroid.org

Iodine Deficiency

WHAT IS THE THYROID GLAND?
The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

WHAT ARE THE SOURCES OF IODINE?
Iodine is present naturally in soil and seawater. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

WHAT ARE THE SYMPTOMS OF IODINE DEFICIENCY?
Iodine deficiency can lead to a variety of symptoms. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

HOW DO YOU DIAGNOSE IODINE DEFICIENCY?
Iodine deficiency is diagnosed across populations and not specifically in individuals. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

AMERICAN THYROID ASSOCIATION www.thyroid.org

Brand and Generic Medication Explained

What's the difference between generic and brand medications?

WHAT IS THE THYROID GLAND?
The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

WHAT IS THE GENERIC NAME OF A MEDICATION?
The generic name is the name of the active ingredient in the medicine. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

ARE THERE GENERIC OR BRAND MEDICATIONS PREFERRED?
Generics, generic medications are the same as brand medications. The thyroid gland is a butterfly-shaped endocrine gland that normally resides in the lower front of the neck.

2022 Brochure Updates

- Hashimoto's Thyroiditis
- Hyperthyroidism
- Iodine Deficiency
- Multiple Endocrine Neoplasia (MEN) Type 2
- Radioiodine
- Thyroid Eye Disease



2022 Annual Meeting

Program Co-Chairs:

Christopher McCabe, PhD & Maria Papaleontiou, MD

• Plenary sessions

- Radiation-Related Genomic Profile of Papillary Thyroid Carcinoma After the Chernobyl Accident
- Precision Thyroid Care: Avoiding Over-and Under Treatment of Thyroid Cancer

• New in 2022

- Diversity, Equity, and Inclusion Networking Sessions
- Poster tracks - pediatrics and surgical
- Women in Thyroidology Plenary & Networking
- Interesting Clinical Cases (Non-Cancer)
- Standardization of Thyroid Hormone Tests Symposium & Workshop

• Highlighted Symposia

- Highlighting Disparities in Access to Care for Patients With Thyroid Disease and Cancer
- Molecular landscape of pediatric thyroid cancer
- Thyroid Disease in Women: Understanding Sex-based Differences
- Living Beyond Thyroid Cancer: Improving Thyroid Cancer Survivorship
- Surgical Approach to Thyroid Cancer Informed by Molecular Testing
- Universal Screening for Thyroid Dysfunction
- Management of Graves' Ophthalmopathy and New Monoclonal Treatments
- Thyroid Disease, Endocrine Disruptors, Nutrition and Health

Event Website: <https://www.thyroid.org/91st-annual-meeting-ata/>



ATA'S LAB RELATED
PUBLICATIONS
AND
EDUCATIONAL
CONTENT

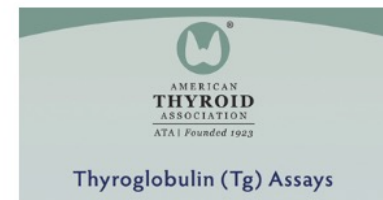
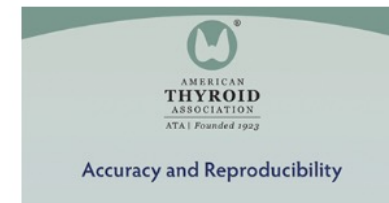
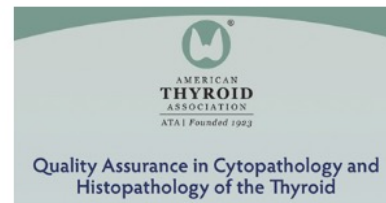
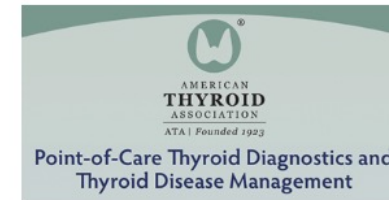
Lab Services Library for Professionals

Laboratory Services Library

Home » Professionals Portal » Laboratory Services Library

ABOUT

The Laboratory Services Committee of the American Thyroid Association (ATA) conducted a survey of ATA members to identify areas of member interest for education in pathology and laboratory medicine. In response to the results of the survey, the Lab Service Committee developed a series of educational materials to share with the ATA membership. The topics below were ranked as high educational priorities amongst the membership.



<https://www.thyroid.org/professionals/laboratory-services-library/>

Recently Published Articles

Thyroid, Just Accepted |

Serum Thyroglobulin Measurement Following Surgery without Radioactive Iodine for Differentiated Thyroid Cancer: A Systematic Review



Dr. Roger Chou , Ms. Tracy Dana, Dr. Gregory A Brent, Dr. Whitney Goldner, Dr. Megan R. Haymart, Dr. Angela M. Leung, Dr. Matthew D Ringel, and Dr. Julie Ann Sosa

Published Online: 12 Apr 2022 | <https://doi.org/10.1089/thy.2021.0666>

Thyroid, Vol. 31, No. 9 | Original Studies

 Open Access |    



Measurement of Reverse Triiodothyronine Level and the Triiodothyronine to Reverse Triiodothyronine Ratio in Dried Blood Spot Samples at Birth May Facilitate Early Detection of Monocarboxylate Transporter 8 Deficiency

Hideyuki Iwayama , Hiroki Kakita, Masumi Iwasa, Shinsuke Adachi, Kyoko Takano, Masahiro Kikuchi, Yasuko Fujisawa, Hitoshi Osaka, Yasumasa Yamada, Akihisa Okumura, Khemraj Hirani, Roy E. Weiss, and Samuel Refetoff 

Published Online: 7 Sep 2021 | <https://doi.org/10.1089/thy.2020.0696>






Thyroid, Vol. 31, No. 8 | Original Studies

Biotin Interference in Assays for Thyroid Hormones, Thyrotropin and Thyroglobulin


Dorina Ylli, Steven J. Soldin, Brian Stolze, Bin Wei, Girum Nigussie, Hung Nguyen, Damodara Rao Mendu, Mihriye Mete, Di Wu , Cristiane J. Gomes-Lima, Joanna Klubo-Gwiezdzinska, Kenneth D. Burman, and Leonard Wartofsky 

Published Online: 3 Aug 2021 | <https://doi.org/10.1089/thy.2020.0866>

Thyroid, Vol. 31, No. 5 |

 Open Access |    

Thyroid Laboratory Testing and Management in Women on Thyroid Replacement Before Pregnancy and Associated Pregnancy Outcomes

Patricia Lemieux, Jennifer M. Yamamoto, Kara A. Nerenberg, Amy Metcalfe, Alex Chin, Rahmi Khurana, and Lois Elizabeth Donovan 

Published Online: 3 May 2021 | <https://doi.org/10.1089/thy.2020.0609>

2022 Lab Focused Education

- 2022 Sawin Lecture: Neonatal Screening for Congenital Hypothyroidism
- 2022 Publication in *Thyroid*[®] Expected for Special Article on ***Thyroid Function Tests***
- ATA 2022 Annual Meeting Program planned for Sunday, October 23:
Updates on Thyroid Testing: Symposium & Workshop

Laboratory Advances & Challenges

Vivian Weiss, MD, PhD, Vanderbilt University Medical Center
Chair, ATA Lab Services Committee



AMERICAN
THYROID
ASSOCIATION

Optimal Thyroid Health for All

THANK YOU!

ATA Website

www.thyroid.org

ATA Social Media Channels



- <https://twitter.com/AmThyroidAssn>



- <https://www.facebook.com/ThyroidAssociation>



- <https://www.linkedin.com/company/american-thyroid-association>



- <https://www.instagram.com/amthyroidassn>



AMERICAN
THYROID
ASSOCIATION

Optimal Thyroid Health for All



CDC Updates

Dr. Hubert Vesper

CDC Clinical Standardization Programs (CSP)

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PATH Meeting April 29, 2022

National Center for Environmental Health
Agency for Toxic Substances and Disease Registry
Division of Laboratory Sciences

CDC engages in standardization/harmonization activities to ensure that laboratory test measurements are accurate and reliable

CDC CSP Goal

Improve diagnosis, treatment, and prevention of selected diseases by standardizing clinical laboratory measurements

CDC CSP Objective

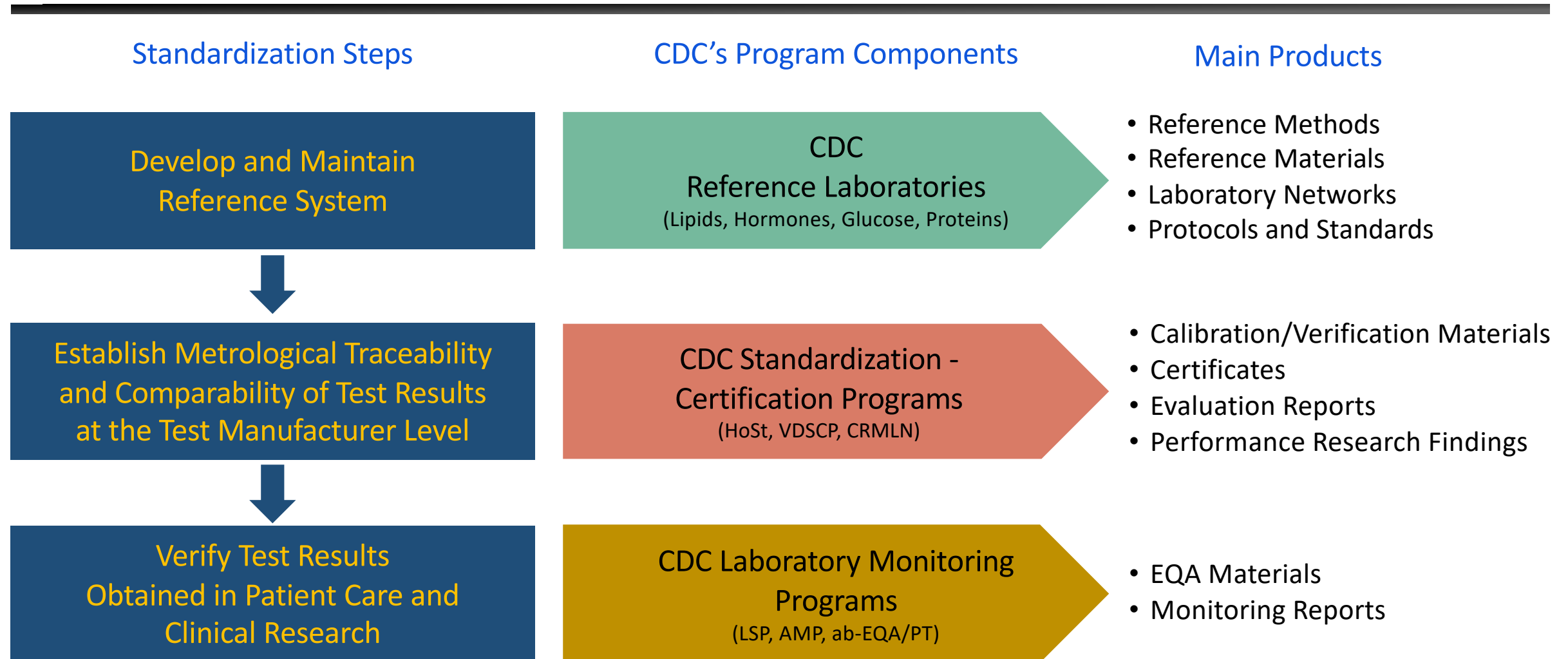
Create measurement results that are traceable to one accuracy basis and thus are comparable across methods, location, and over time

Standardization is a process in which the accuracy, precision, and other relevant analytical performance parameters of a laboratory test are improved and maintained to meet certain clinical needs

A standardized laboratory test has demonstrated through a thorough, independent assessment that its analytical performance meets relevant analytical performance goals

CDC's Clinical Standardization Programs

provide unique services at every step in the standardization process



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provide unique services at every step in the standardization process

CDC
Reference Laboratories

Reference Methods
Total testosterone
Free testosterone by ED **new**
Estradiol
Free thyroxine (fT4) by ED **new**
25-OH Vitamin D2 and D3
PTH (fall 2022)
Glucose
TC, HDLC, LDLC, TG,
Lp(a) (spring 2023)

Reference Materials
CDC Single Donor Sera:
Total testosterone, Estradiol, Vitamin D, fT4
Lp(a)
Traditional reference materials (pooled sera):
NIST 971a (Testosterone, Progesterone)
NIST 1949 (FT4, prenatal serum)
NIST 1595 (tripalmitin)

CDC Standardization - Certification
Programs

CDC Programs
HoSt – Testosterone
HoSt – Estradiol
HoSt – free Thyroxine
VDSCP
CRMLN

CDC Supported Programs
IFCC Committee for Standardizing Thyroid Function Tests (TSH, fT4)
IFCC – Committee on Bone Metabolism (Vitamin D, PTH)
National Glycohemoglobin Standardization Program (A1c)

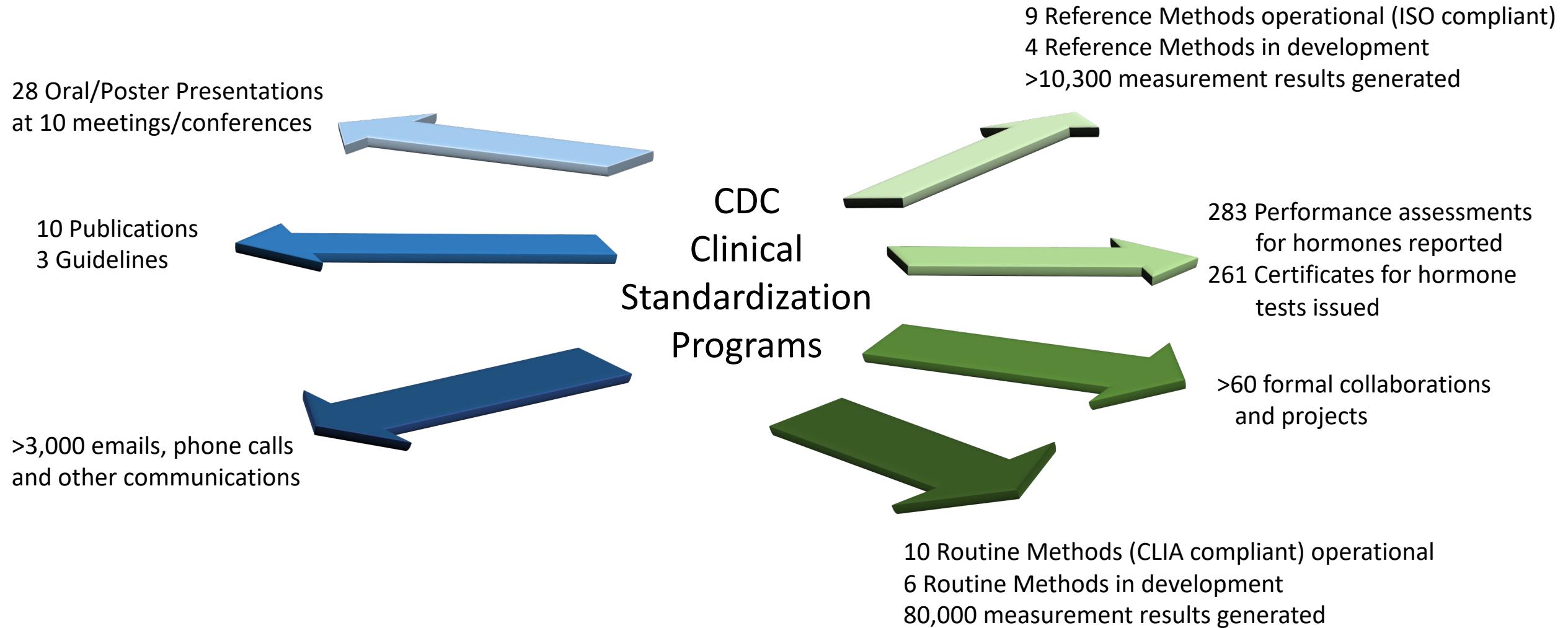
CDC Laboratory Monitoring
Programs

CDC Programs
AMP – Testosterone
AMP – Vitamin D
LSP

CDC Supported Programs
CAP accuracy-based surveys:
ABS (steroids), ABTH (thyroid), ABVD (Vitamin D)
ABGIC (glucose), ABU (creatinine), ABL (Lipids)

CDC Clinical Standardization Programs

2021 Activities in Numbers



Summary

CDC Clinical Standardization Programs

- Show notable improvements in accuracy of hormone tests used in patient care and public health
- Develop new reference methods and standardization programs to further improve patient care
- Expand activities to include development of reference intervals that can be used by laboratories operating assays standardized by CDC
- Expand to include new technologies (such as Point-of-Care Testing Devices)

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CDC CSP Team

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Thank you!

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Wrap-up



THANK YOU

