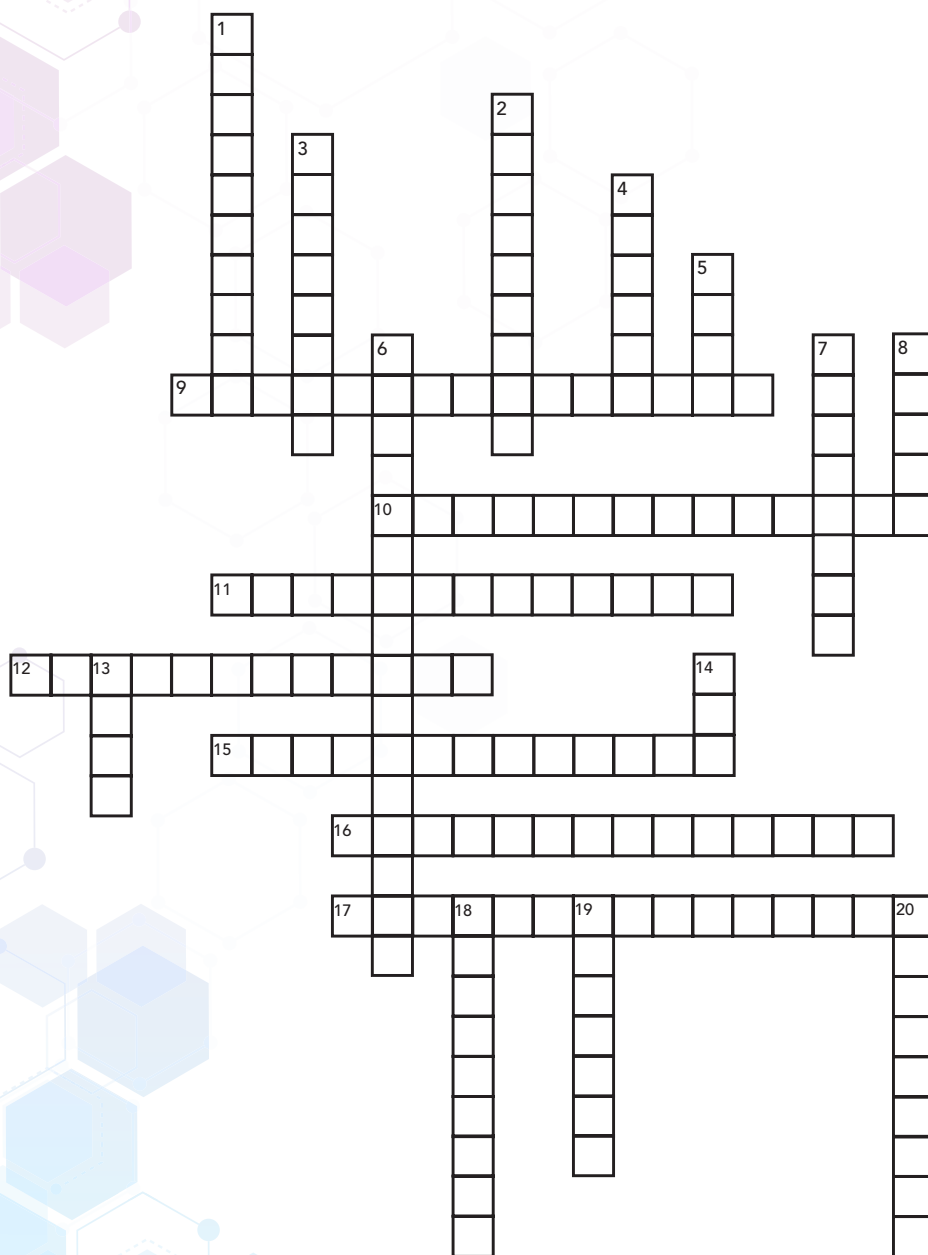


TEST YOUR KNOWLEDGE

HORMONE HEALTH



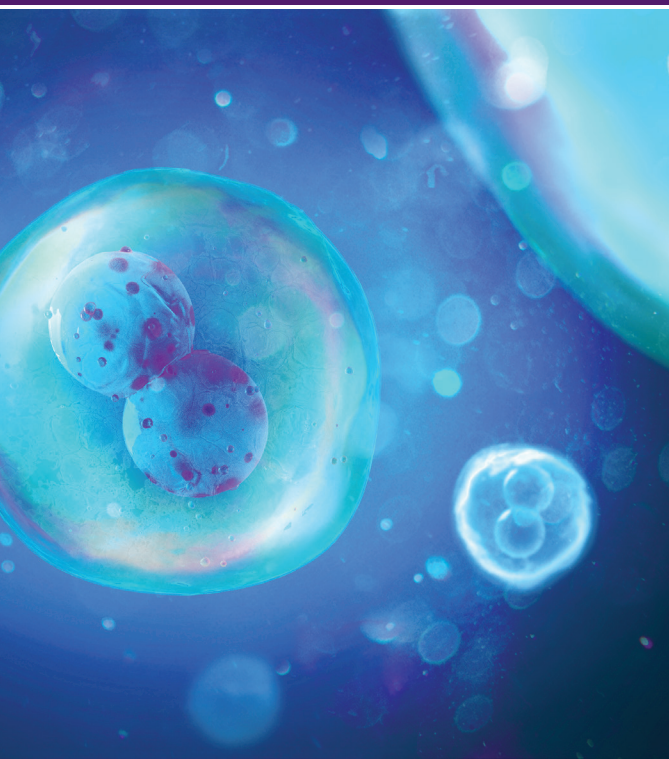
ACROSS

9. When the pituitary gland doesn't make enough of certain hormones, you may have _____ (also called pituitary insufficiency).
10. Kidneys produce this hormone to stimulate production and maintenance of red blood cells.
11. This autoimmune condition can occur at any age with any gender, and is the most common cause of hyperthyroidism.
12. The part of the brain that produces gonadotropin during puberty.
15. The fats in the blood that are an important source of energy.
16. The largest endocrine-related organ system in the body.
17. Physical and mental change that result in having too much cortisol in the blood for a long period of time is known as _____.

DOWN



1. Too much production of growth hormone in the blood can lead to _____.
2. Surgery that can limit how much calories and nutrients the body can absorb.
3. A steroid hormone produced in the adrenal glands that is linked to stress.
4. An enlarged thyroid gland, most common in women often showing no symptoms.
5. Substances in the environment, food, and personal care products that can interfere with normal function of the endocrine system.
6. A common disease resulting from the body's inability to use blood glucose for energy.
7. The most common type of cancer among men that grows very slowly, requiring regular surveillance.
8. This gender is most commonly diagnosed with osteoporosis?
13. A common hormonal disorder affecting 7-10% of women during reproductive age.
14. This rare disease prevents the body from breaking down fats and is typically a genetic disorder passed down from parents.
18. An excessive growth of "male" pattern hair on a woman's body.
19. This hormone stimulates the release of gastric acid, which breaks down the proteins in the food you eat.
20. A hormone that promotes feminine physical changes in transgender patients.

PATIENTS HAVE QUESTIONS. WE HAVE ANSWERS.

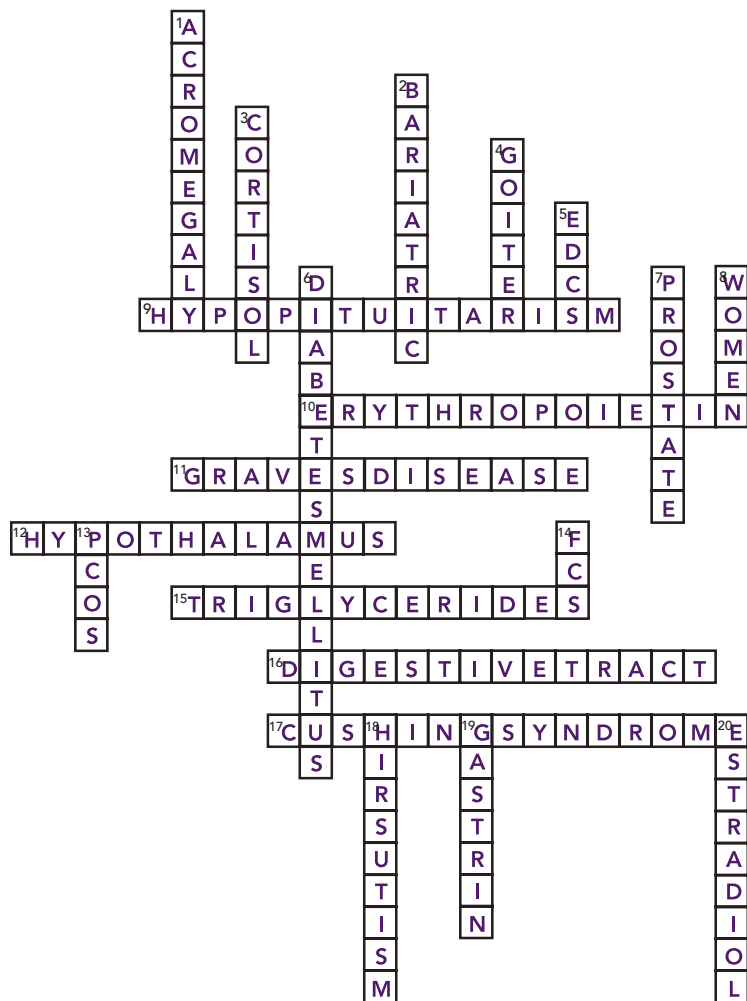


Our mission is to positively impact the health and well-being of patients and the public by translating the science of endocrinology. All of our education is developed and reviewed by Society member clinicians and clinical researchers.

Share our premier patient resources:

-  Multi-lingual Fact Sheets
-  Patient Guides
-  Educational Videos
-  Infographics
-  Find an Endocrinologist: Physician Directory
-  e-Newsletter

We are committed to helping patients have more informed discussions, moving them from educated to engaged partners in their healthcare.



CROSSWORD PUZZLE ANSWERS

ACROSS

9. Hypopituitarism
10. Erythropoietin
11. Graves' Disease
12. Hypothalamus
15. Triglycerides
16. Digestive Tract
17. Cushing Syndrome

DOWN

1. Acromegaly
2. Bariatric
3. Cortisol
4. Goiter
5. EDCs
6. Diabetes Mellitus
7. Prostate
8. Women
13. PCOS
14. FCS
18. Hirsutism
19. Gastrin
20. Estradiol

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